

Cross-sectors collaboration for healthy and active ageing in Slovenia

Maintaining a healthy and active ageing population is one of the main challenges for European societies. The budget constraints and demographic changes require a more efficient use of resources and integrated policies. The aim is to simplify and better target the needs of older populations, to enable people to live healthy lives and to use their full potential in social and economic life. Better and stronger coordination between actors from the public health and social sectors, their joint responses and actions are part of the solution. The team working in the AHA.SI project in Slovenia has developed coordination mechanisms between nongovernmental, public and private organizations working on health and social issues.

The EU policy focus has provided an opportunity for our Slovenian members to strengthen integrated strategies and actions for active and healthy ageing. The strategic objectives of the EU2020 Strategy, the EU Semester process and the Social Investment Package were used to develop measures for active and healthy ageing and to contribute to reduce inequities among older people. The AHA.SI project involved the Ministry of Employment, Family, Social Affairs and Equal Opportunities (MLFSA) and the Ministry of Health (MoH) in Slovenia. A large number of stakeholders have participated and provided input, while the overall awareness on demographic change has increased.

The AHA.SI project focused on the following priorities: on prolonged employment and delayed retirement, tools promoting and supporting active and healthy ageing in all population groups and long-term care, integrating social and health services at local level.

The study visit will provide you with the opportunity of understanding the opportunities and challenges experienced by our colleagues from the National Institute of Health in Slovenia. It will enable meetings with social sector organisations and representatives of the two relevant ministries (MLFSA, MoH). More in-depth discussions will be held on long-term care, reducing inequalities, prolonged employment and postponed retirement, empowerment of older people and quality of life.

The study visit will be followed by the WHO Europe 'Summer school on advocacy and translation of evidence for different audiences on intersectoral action for health equity and well-being' (6 - 7 July 2016).

Join the study visit in Ljubljana on 4-6 July and share your experiences with our Slovenian colleagues!



Agenda

Cross-sectors collaboration for healthy and active ageing in Slovenia Ljubljana 4-6 July, 2016

Day one (4th July 2016)

Location: National Institute of Public Health

13:00 – 14:00

Registration of participants and a light lunch

14:00 – 14:15

Welcoming words and introduction of participants

14:15 – 15:00

AHA.SI – a cross sectoral collaboration in Slovenia

Short project overview, questions and discussions on lessons learnt for the future EU context

http://www.staranje.si/sites/www.staranje.si/files/upload/images/presentation_aha_si_english_2.pdf

15:00 – 16:00

Stakeholders' involvement and participation, national and regional perspectives in AHA.SI

http://www.staranje.si/sites/www.staranje.si/files/upload/images/aha_si_networking_report_eng.pdf

http://www.staranje.si/sites/www.staranje.si/files/upload/images/aha_si_communication_report_v2.0_eng.pdf

http://www.staranje.si/sites/www.staranje.si/files/upload/images/porocilo_povezovalnega_srecanja_1.pdf

16:00 – 16:15 *Coffee break*

16:15 – 17:45

Demography, prolonged employment, postponed retirement, pre-retirement activities and quality of life – sharing experiences and tools

http://www.staranje.si/sites/www.staranje.si/files/upload/images/wp3-m20_document-en.pdf

http://www.staranje.si/sites/www.staranje.si/files/upload/images/wp3-m20_document-en.pdf

<http://www.staranje.si/aha-si/trg-dela-upokojevanje/zakljucni-dokumenti-delovnega-paketa-podaljsano-zaposlovanje-odlozeno>

http://www.staranje.si/sites/www.staranje.si/files/upload/images/aha_si_dp4_predupokojitvene_priprave_na_starost_english_final.pdf

http://www.staranje.si/sites/www.staranje.si/files/upload/images/m20_pre-retirement_activities_april_4_2016.pdf

17:45 – 18.00

Wrap up day 1

18:30 *Ljubljana walking “Green city 2016” tour and dinner*



EuroHealthNet study visits are supported by the European Commission, through the Programme for Employment and Social Innovation (EaSI 2014-2020).

Day two (Tuesday, 5th July 2016)

Morning

Location: Residential home Tabor

09:00 – 11:15

Long –term care and reducing health inequalities, including falls prevention, sharing experience in Slovenia’s context, presentation of good practices

http://www.staranje.si/sites/www.staranje.si/files/upload/images/wp5_dolgotrajna_analitsko_ang.pdf

http://www.staranje.si/sites/www.staranje.si/files/upload/images/m20_aha_si_dolgotrajna_oskrba-ang.docx.pdf

<http://www.staranje.si/aha-si/neodvisno-zivljenje/zakljucni-dokumenti-delovnega-paketa-dolgotrajna-oskrba-povezovanje>

http://www.staranje.si/sites/www.staranje.si/files/upload/images/m20-2_padci-ang.pdf

<http://www.staranje.si/aha-si/aktivno-zdravo-staranje/zakljucni-dokumenti-delovnega-paketa-aktivno-zdravo-staranje-za>

11:15 – 11:30 *Coffee break*

11:30 – 12:45

The EU policy agenda, news and developments on the EU2020 Strategy, the EU semester process and the European Pillar of Social Rights, links to AHA.SI process in Slovenia

Location: Residential home Tabor

12:45 - 13:45 Lunch with AHA.SI project partners

Location: Ministry of Education, Science and Sport

14:00 – 15:00 Meeting with AHA.SI project partners and relevant Ministries (MLFSA, MoH and MESS) and government representatives

Location:

Ljubljana Town Hall and walking bus to Ljubljana castle, with local stakeholders and citizens

15:30 – 17:30, including coffee break

Empowerment of older people, health and quality of life – sharing knowledge and experience

<http://www.staranje.si/aha-si/aktivno-zdravo-staranje/zakljucni-dokumenti-delovnega-paketa-aktivno-zdravo-staranje-za>

17:30 – 17:45

Conclusions of the day, including opportunities for future work

18:30 *Dinner at Ljubljana Castle*

